



NATUROPATHIC MEDICINE INSTITUTE

Celebrating the Healing Power of Nature

Vital Gathering II

Treating a Patient from a Vitalist Perspective

October 13-15, 2017

Course Description

The Vital Gathering II – The sessions offered during this 3-day conference will focus on the clinical application of the vitalistic philosophy presented during The Vital Gathering I, held in May. Instructors will deliver practical, hands-on, vitalistic clinical assessment and treatment taught directly by our Naturopathic elders. Each session below contains a more detailed description with learning objectives. All instructors listed will participate in each session.

Friday Oct 13 (7.5 CE)

8:15-9:30 am **True History of Medicine**

9:45 am -10:45 am **True History of Medicine**

This session will present a comprehensive discussion of, development of and application of various Naturopathic Therapies and the way in which they are currently used with modern Naturopathic medical practices. Evidence for efficacy will be presented along with appropriate clinical situations for application of different therapies including all core modalities: Nutrition, Botanical Medicine, Hydrotherapy, Physical Medicine, Lifestyle Medicine, Homeopathy and Mind-Body Medicine.

Learning Objectives

- place Naturopathic Therapies within the larger field of science and evidence
- gain critical clinical decision-making skills in choice of treating or referring
- be able to place Naturopathic Medicine within the larger field of healthcare

10:45 - 12:00 pm **Setting Intention**

Informed consent and education of patients regarding what can be expected from treatment programs offered by Naturopathic Doctors. Developing clear and unambiguous intention and understanding between doctor and patient from the first moment throughout every interaction is critical to positive



NATUROPATHIC MEDICINE INSTITUTE

Celebrating the Healing Power of Nature

Vital Gathering II

Treating a Patient from a Vitalist Perspective

October 13-15, 2017

clinical outcomes. Consistent and thorough follow-up, proper charting, appropriate referrals and clear communication with other health-care practitioners result in better clinical outcomes.

Learning objectives

- Clear informed consent procedures
- Consistent and clear communication to improve clinical outcomes
- Proper follow-up, charting, co-practitioner communication to improve patient compliance

1:30-3:00 **Part 1: Labs/Diagnostics**

3:30-5:00 pm **Part 2: Labs/Diagnostics**

This session will review existing and new standard and functional labs that are used with Naturopathic Medical practices today. In addition, several new diagnostic tools will be introduced and discussed, clarifying the application with patients in a clinical setting. Interpretation of lab results and the impact on therapeutic treatment will be discussed.

Learning objectives

- Review of known diagnostic tools and methods helpful within a Naturopathic medical practice
- Discussion of new diagnostic tests and tools and how they can be incorporated into practice
- Evaluation of lab results from within the vitalistic paradigm
- Impact on treatment plans

5:00-6:00 pm **Panel Case Discussion**

Discussion of 2-4 cases, depending on length of time each case takes. This will include case presentation, assessment, objective findings, treatment plan and follow-up of each case.

Learning objective



NATUROPATHIC MEDICINE INSTITUTE

Celebrating the Healing Power of Nature

Vital Gathering II

Treating a Patient from a Vitalist Perspective

October 13-15, 2017

- To allow participants to participate in the synthesis of information presented from the days lectures

Saturday Oct 14 (7.5 CE)

8:30-10:30 am **Part 1: Nutrition**

11 am -12 pm **Part 2: Nutrition**

This session will review various aspects of nutritional assessment, modification and follow-up testing for patients. Included in this section: the specialized impact of macro, micro and trace-nutrients on the various biological systems such as the immune, musculoskeletal and endocrine as well as the disrupted nutritional state of many disease conditions. The effect of environment (intrinsic and extrinsic) on normal function will be discussed along with strategies to correct the ensuing imbalances that result in symptoms of disease.

Learning objectives

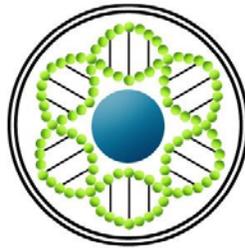
- To recognize and correct specific nutrient imbalances given specific disease states
- To apply appropriate nutritional modifications to correct underlying imbalance

1:30-3:00 **Part 1: Homeopathy**

In this session, attendees are taken through acute and rapid clinical prescribing of homeopathic medications. Beginning with the taking of a thorough and detailed case, the information will additionally guide case analysis, selection and differentiation of possible remedies, dosing and follow-up evaluation of appropriate remedy.

Learning objectives

- Taking of an accurate case
- Analysis of a case



NATUROPATHIC MEDICINE INSTITUTE

Celebrating the Healing Power of Nature

Vital Gathering II

Treating a Patient from a Vitalist Perspective

October 13-15, 2017

- Selection and differentiation of possible remedies
- Dosing strategies
- Follow-up of case

3:30-5:30 pm **Phys Med / Hydrotherapy Break Out Sessions**

In this session, attendees will break out into smaller groups and work with instructors on volunteers for physical medicine technique or hydrotherapy application of various conditions. Attendees will attend one or the other on the day of their choosing and on the next day will attend the other.

Learning objectives

- Hands on learning/refresher of physical medicine or hydrotherapy strategies
- Know contraindications for each therapy demonstrated
- Review adverse reactions that can occur and how to manage

5:30-6:30 pm **Panel Discussion**

Discussion of 2-4 cases, depending on length of time each case takes. This will include case presentation, assessment, objective findings, treatment plan and follow-up of each case.

Learning objective

- To allow participants to participate in the synthesis of information presented from the days lectures

Sunday Oct 15 (7 CE)

8:30-10:30 am **Part 2: Homeopathy**

In this session, attendees are taken through acute and rapid clinical prescribing of homeopathic medications. Beginning with the taking of a thorough and detailed case, the information will additionally



NATUROPATHIC MEDICINE INSTITUTE

Celebrating the Healing Power of Nature

Vital Gathering II

Treating a Patient from a Vitalist Perspective

October 13-15, 2017

guide case analysis, selection and differentiation of possible remedies, dosing and follow-up evaluation of appropriate remedy.

Learning objectives

- Taking of an accurate case
- Analysis of a case
- Selection and differentiation of possible remedies
- Dosing strategies
- Follow-up of case

11:00 am -12:00 pm **Part 1: Botanicals Medicine**

1:00-2:00 pm **Part 2: Botanical Medicine**

***Pharm CE requested for these sessions**

This session will review various aspects of botanical medicine assessment, modification and follow-up for patients. Included in this section: the active pharmacological constituents, the specialized impact of these constituents on the various biological systems such as the immune, musculoskeletal and endocrine as well as the effect on disease conditions. Herb-herb, drug-herb and supplement-herb interactions will be discussed throughout both sessions. In addition, proper dosing and monitoring of a variety of botanicals will be discussed.

Learning objectives

- To understand the action of active pharmacological constituents of botanical medicines on immune, musculoskeletal and endocrine systems
- To therapeutically work with herb-herb, drug-herb and supplement-herb interactions within the systems of the body
- Review proper dosing and monitoring of a variety of botanicals



NATUROPATHIC MEDICINE INSTITUTE

Celebrating the Healing Power of Nature

Vital Gathering II

Treating a Patient from a Vitalist Perspective

October 13-15, 2017

2:00-4:00 pm **Phys Med / Hydrotherapy Break Out Sessions**

In this session, attendees will break out into smaller groups and work with instructors on volunteers for physical medicine technique or hydrotherapy application of various conditions. Attendees will attend one or the other on the day of their choosing and on the next day will attend the other.

Learning objectives

- Hand's on learning/refresher of physical medicine or hydrotherapy strategies
- Know contraindications for each therapy demonstrated
- Review adverse reactions that can occur and how to manage

4:30-5:30 pm **Panel Discussion**

Discussion of 2-4 cases, depending on length of time each case takes. This will include case presentation, assessment, objective findings, treatment plan and follow-up of each case.

Learning objective

- To allow participants to participate in the synthesis of information presented from the days lectures on homeopathy and botanical medicine