



## The Vital Gathering III

A Vitalist understands the powerful, innate healing potential of the human body. Over 100 years ago, Dr. Henry Lindlahr wrote *Nature Cure*, a cornerstone text of modern naturopathy, and put forth the Laws of Cure, three simple, yet elegant “rules” to restore health:

- remove obstacles to cure
- give the body what it needs to be well
- stimulate the vital force

**“Welcome Back Tribe”** Jim Sensenig, ND

### ***“Therapeutic Order in Practice” 1 hr***

The *Therapeutic Order* was created and developed by naturopathic physicians to help better approach treating a patient from the naturopathic philosophy through a logical stepwise manner. Understanding the *Therapeutic Order*, its purpose and intention, is critical to utilizing it properly. Proper implementation of the *Therapeutic Order* and application through case analysis will help clinicians to properly apply naturopathic philosophy in practice. Jared Zeff, ND, LAc

Learning Objectives:

- Learn the purpose and intention of the *Therapeutic Order*.
- Understand how the *Therapeutic Order* is applicable today in practice.
- Apply practical use of the *Therapeutic Order* through case analysis.

### ***“A Vitalistic Approach to Conventional Lab Analysis” 1 hr***

Although common labs like CBC, CMB, and urinalysis may seem mundane, the thorough assessment from a vitalistic perspective is often overlooked. Learn what isn’t taught in school, books, online resources, or other conferences regarding these popular labs and more to help patients heal. Sub-clinical abnormalities, combined variables, and subtle changes in these important labs can help guide clinical assessment and treatments. Letitia Dick-Kronenberg, ND; Dan Young, ND, LAc.

Learning Objectives:

- Learn what the most common overlooked lab markers are.
- Learn how to assess and balance serum or urine abnormalities.
- Learn what combination parameters are important to comprehensively assess patients’ health.

### ***"A Vitalistic Approach to Assessing Health" 2.5 hrs***

Gastrointestinal health is a foundation for overall health. In depth discussion of nutritional biochemistry, hair mineral analysis, micronutrient assessment, pH, hydrochloric acid, and stool testing from a vitalistic perspective will help to develop an understanding of how to assess and apply these in clinical practice. The importance of interpreting physical and emotional signs and symptoms of nutrition and digestive health will also be covered. An instructional component of the assessment tools listed above will be covered followed by application of the information through case analysis. Jim Sensenig, ND; Aviva Wertkin, ND.

Learning Objectives:

- Understand proper tests and tools to assess digestive health.
- Learn to properly implement therapeutics to restore health.
- Apply knowledge through case analysis.

### ***"Diagnostic Tools and Application" 2 hrs***

Naturopathic medicine allows for the use of many different diagnostic tools to assess patient health and treat them accordingly. Some diagnostic tools have rich history dating back to the forefathers of our medicine, but are no longer widely taught in naturopathic programs. These include tongue and pulse diagnosis, Chapman points, acoustic cardiography, and Calcium Cuff Testing. The clinical application of these diagnostic tools will be discussed and hands-on partner practice of these methods will take place in a "workshop" fashion. Letitia Dick-Kronenberg, ND; Dan Young, ND, LAc; Jared Zeff, ND, LAc.

Learning Objectives:

- Understand various diagnostic tools such as tongue and pulse, Chapman points, Acoustic Cardiography, and Calcium Cuff Testing
- Practice newly acquired skills on human participants to gain confidence.
- Discuss clinical application of these diagnostic tools

### ***"Foundations of Homeopathy" 1.5 hrs***

Posology, antidoting and other fundamental aspects of homeopathy play a key role in prescribing. The origins of isopathy, homeopathy and nosodes although similar in concepts only share their energetic origin and are fundamentally different. Understanding these subtle concepts in the foundations of homeopathy can affect the success of homeopathic prescribing. Eli Camp, ND, DHANP; Aviva Wertkin, ND.

Learning Objectives:

- Gain success in homeopathic prescribing.
- Gain knowledge about homeopathic resources for case taking and prescribing.
- Understand when to prescribe cell salts vs. homeopathic remedies in pellet or liquid form.
- Understand when to use x doses vs. c doses.

### ***“Variations In Case Taking” 2 hrs***

The natural progression from teaching the fundamentals of homeopathy is application. A live demonstration by various experienced physicians will take place for participants to observe variations in case taking and prescribing. This live demonstration will provide diverse perspectives for participants to gain knowledge while choosing what is most effective for them in practice to successfully prescribe homeopathic medicines. Eli Camp, ND, DHANP (brief intro to case taking); rest of teachers case taking demonstrations.

Learning Objectives:

- Observe diverse perspectives used for homeopathic case taking and prescribing.
- Understand the differences for acute vs. chronic case taking and prescribing.
- Gain knowledge on how to apply and use homeopathic remedies in practice.

### ***“Homeopathy, The Rest Of The Story” 1.5 hrs***

In lieu of an increasingly toxic food supply and environment, homeopathy can still be used as a gentle modality to stimulate the vital force to encourage healing. Managing patient cases long term can be challenging and overwhelming at times, but gaining an understanding of remedy progressions, miasms, and proper case management can help practitioners can gain success and confidence in long term prescribing. Eli Camp, ND, DHANP; Jared Zeff, ND, LAc.

Learning Objectives:

- Recognize when a patient may benefit from a change in potency.
- Recognize when a patient may benefit from a change in homeopathic medicine.
- Gain knowledge regarding continued case management for homeopathic prescribing.

### ***“Expert Forum” 1.5 hr***

Experience is priceless as is learning from multiple physicians with decades of clinical experience. These physicians will share clinical pearls, practice pitfalls, intriguing cases, and a summary of the weekend’s lectures while offering inspiration and wisdom to students and physicians. Jim Sensenig, ND; Jared Zeff, ND, LAc; Letitia Dick-Kronenberg, ND; Rick Kirschner, ND; Dan Young, ND, LAc; Aviva Wertkin, ND; Eli Camp, ND, DHANP.

Learning Objectives:

- Gain a comprehensive understanding of the weekend’s teachings.
- Understand what to focus on when treating a patient with complex concerns.
- Gain inspiration from experienced healers.
- Clarify any concerns or questions from previous lectures.